

KIDS HOME DAY ACTIVITY PLAN

7:00 - 8:00am		Free Tv Time
8:00 - 9:00am		BREAKFAST Make beds, get dressed, put PJs away
9:00 - 10:00am		Morning Walk
10:00 - 11:00am		MORNING TEA Book Time: Reading, board games, puzzles, flash cards.
11:00 - 12:00pm		Creative play: Lego, magnets, drawing, craft, cook, bake, paper cutting
12:00 - 12:30pm		LUNCH
12:30 - 1:00pm		Wiping surfaces with spary, tidying away activies and toys still left out
1:00 - 2:30pm		Reading, playing with toys in room, nap time, puzzles
2:30 - 4:00pm		AFTERNOON TEA IPAD school games
4:00 - 5:00pm		Outside play, take a ball to the park, walk on beach, tramp, etc
5:00 - 6:00pm		DINNER Bath/shower, Pj's, teeth
6:00 - 7:00pm		Free TV Time
		BEDTIME